

CASPer Prep — your content playbook

For Sandy, our CASPer field lead · a friendly guide to what we're building together and how you can shape it

The short version

Sandy — you already sketched the heart of this when you started reworking the CASPer room (the **rehearsal journal**, the idea that every competency is a **cue card on a wall — lit, dimming, or gone dark**, and **drilling your weakest ones**). We loved it, and we built the whole experience around it. This little guide explains what it is and the one thing we'd love your help with: **writing the practice scenarios**. Think of it as a map, not a rulebook — you know this test better than we do, so wherever you have a better idea, run with it.

See it first (2 minutes)

There's a live, clickable demo of the CASPer 'Rehearsal Room' — the wall, the timed writing, the feedback. Open it and click around before you read the rest: it'll make everything below make sense. claude.ai/code/artifact/d8e853d3-5274-4476-88c3-ec5abf5198a2 (scroll to the CASPer section)

What we're building: The Rehearsal Room

CASPer has **no right answer** — every response is read by a different person, and the applicant just gets a quartile weeks later. So we can't 'grade' it. Your metaphor is exactly right: you don't get it correct, you **keep the voice warm**. The room has four connected parts:

- | | |
|--------------------------------|---|
| 1 · The Competency Wall | Your idea, kept as-is. The 10 competencies are cue cards — lit (practised, warm), dimming (going stale), or dark (untouched/weak). Tap a dark card to drill it. The wall is the home screen and it routes every session to the weakest card. |
| 2 · The Stage | A scenario appears with a real countdown (a warm-up 5:00 mode and an exam-real 3:30 mode). The student types their answer under the clock — the same pressure as the real test. |
| 3 · The Studio | Because there's no answer key, we don't fake a score. Instead the student self-scores against a simple rubric and sees a strong example answer next to a weak one — so they learn what actually separates them. |
| 4 · The Journal | Every response, self-score, and reflection is saved. The student watches cards go from dark to lit over the weeks. This is your 'rehearsal journal.' |

Why this beats everyone else: the other CASPer prep tools are all in English, and they either give you **no feedback at all** or make you pay a lot for a human to look at your answers days later. We give **instant, structured feedback, in French**. That's the whole opportunity — and it's a market nobody serves.

What we'd love you to create: the scenarios

The room is built. What makes it come alive is a **bank of practice scenarios** — and that's where you come in. Each scenario is a small, repeatable recipe:

- **A short situation** (~100–150 words) — a realistic dilemma, like the real test.
- **3 questions** about it (what are the issues / what would you do / a reflective one).
- **A strong example answer** — what a great response looks like.
- **A weak example answer** — a believable-but-flawed one, so students see the contrast.
- **A simple 4-point rubric** — the four things that separate strong from weak.

Here's one written out in full, so you can see the exact shape:

WORKED EXAMPLE · competencies: Ethics + Collaboration

The situation. You're one of four students on a semester-long group project worth 40% of your grade. Two weeks before the deadline you find that a teammate, Priya — a close friend going through a hard time (her mother is seriously ill) — copied several paragraphs of the report from an online source without citing it. When you raise it privately, she asks you to 'let it go, just this once.'

The 3 questions. (1) What are the key issues to consider here? (2) What would you do, and why — give specific steps? (3) Is it ever okay to overlook a friend's mistake to protect them? Explain.

STRONG answer (to Q2)

I'd talk to Priya privately again — acknowledge how hard her term has been, but be honest that I can't put my name on plagiarised work, both because it's dishonest and because it risks all four of us. I'd make it a shared problem and offer to sit down tonight to rewrite and properly cite those paragraphs — with two weeks left, it's fixable. If she refused, I'd tell her I can't let it be handed in for the group, and I'd raise it with the team and, if needed, ask the instructor for guidance. I'd hold my empathy for her and the need to fix the work at the same time.

WEAK answer (to Q2)

I'd report Priya to the professor right away because plagiarism is against the rules and cheating is wrong. Rules are rules and it wouldn't be fair if she got away with it. It's not my problem that she has stuff going on — everyone has problems. I'm not risking my grade for her.

The 4-point rubric for that scenario:

The 4 things that separate them	Weak	Strong
Considers everyone involved	sees only the rule / their own grade	names Priya, the teammates, self, instructor
Explains the reasoning	'rules are rules'	weighs honesty vs. compassion, step by step
Communicates it well	blunt, judgmental	organised, respectful, specific steps
Shows the competency	punishes, no repair	holds integrity AND helps the team at once

What to cover (a gentle checklist, not a cage)

To launch, we're aiming for about **40 scenarios** like the one above — roughly one a day for a few weeks. The only thing we ask is variety, so the wall lights up evenly. Try to make sure each of the 10 competencies shows up as the *main* one in at least a couple of scenarios:

- | | |
|--|--|
| <input type="checkbox"/> Collaboration | <input type="checkbox"/> Communication |
| <input type="checkbox"/> Empathy | <input type="checkbox"/> Equity |
| <input type="checkbox"/> Ethics | <input type="checkbox"/> Motivation |
| <input type="checkbox"/> Problem-solving | <input type="checkbox"/> Professionalism |
| <input type="checkbox"/> Resilience | <input type="checkbox"/> Self-awareness |

And mix it up beyond that — some scenarios where you *witness* a dilemma ('what would you do?') and some *personal/reflective* ones ('tell us about a time...'); some in school, some at work, some in everyday life; and a few easy, a few genuinely tricky. That variety is really all the structure you need.

This is yours to shape

You have real freedom here — please use it

The recipe and the checklist exist to **help** you move fast, not to box you in. You know this test and these students better than we do. If you want to add a scenario type we didn't think of, change the rubric wording, tweak how the wall behaves, or bring in your own voice and examples — **yes, do it**. Tell us what you'd change about the room itself and we'll build it. The best version of this is the one that sounds like you.

A few practical notes

- **Write in French, naturally.** The French CASPer isn't a translation of the English one — it has its own tone. Please write your scenarios and answers in French first (Quebec settings, Quebec voice). We'll add English versions later. Tip: French answers can be a bit shorter, since people type a little slower in French under the clock.
- **Keep answers realistic.** Write the 'strong' answer at the length someone could actually type in ~3–5 minutes — not a polished essay.
- **All original.** Please don't copy scenarios or answers from other prep companies or books — everything you write should be your own. That keeps us safe and it's better anyway.
- **How to hand them in.** Easiest is a simple doc (one scenario per section, in the recipe order). We'll load each batch into the Rehearsal Room so you can see your scenarios live and playable within a day or two.
- **One question for you.** Since there's no official answer key, the 'strong vs weak' judgment is the heart of the tool. Are you comfortable being that quality judge, or would you like us to bring in a second reviewer (someone who scored well on CASPer, or an admissions coach) to sanity-check the examples with you? Either is totally fine — just let us know.

Your quick start

1. Open the demo and click through the Rehearsal Room.
2. Re-read the worked example above until the recipe feels obvious.
3. Draft your first **5 scenarios** (pick 5 different competencies to start).
4. Send them to us — we'll load them live so you can play them, then you keep going toward ~40.

Thank you, Sandy

This whole field is being shaped by you — the room is literally your idea, built. We're here to make it as easy as possible for you to fill it with great practice. Anything you need, ask.

La Grind / Grind Labs · CASPer content playbook · 2026-07-09 · Prepared for Sandy, CASPer field lead. The scenarios you write will be reviewed for quality before going live; sample content in the demo is illustrative.